



BRIGHTER DAYS RESIDENTIAL

LLAWNROC

Restrictive Physical Intervention Policy (RPI)

Policy Publication Date: April 2025

Review Date: April 2026

Brighter Days Residential Ltd

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Contents

1. Statement of Purpose
2. Definition of Restrictive Physical Intervention
3. Guiding Principles
4. Staff Training and Responsibilities
5. Prevention and Early Intervention
6. Risk Assessments and Behaviour Support Plans
7. When RPI May Be Used
8. Unacceptable Practices
9. Recording and Reporting
10. Medical Attention and Post-Incident Support
11. Involving Children, Families, and Professionals
12. Reviewing Incidents and Learning Lessons
13. Oversight and Governance
14. Complaints and Concerns
15. Implementation and Policy Review

1. Statement of Purpose

Brighter Days Residential Ltd is committed to providing a safe, nurturing, and respectful environment for all children.

Restrictive Physical Intervention (RPI) is only used as a last resort to prevent serious harm and always in a manner that respects the rights, dignity, and wellbeing of the child.

2. Definition of Restrictive Physical Intervention

RPI refers to any use of force or physical restraint that restricts a child's movement or liberty.

It does not include protective physical contact that is non-restrictive, such as guiding or comforting a child.

3. Guiding Principles

- Use the least restrictive option for the shortest necessary time.
- Preserve dignity, avoid injury, and minimise distress.
- Only staff trained in approved techniques may use RPI.
- All use must be recorded and reviewed.

4. Staff Training and Responsibilities

- All staff are trained in approved behaviour support and de-escalation techniques (e.g. PRICE, Team Teach).
- Refresher training is provided annually or as required.
- Only trained staff may carry out physical interventions, with decisions guided by the child's Behaviour Support Plan.

5. Prevention and Early Intervention

- Staff use de-escalation strategies, positive relationships, and proactive planning to prevent crises.
- Keywork and reflective work help children understand and manage emotions and behaviour.
- Children are supported to recognise triggers and build coping strategies.

6. Risk Assessments and Behaviour Support Plans

- Every child has an individualised Behaviour Support Plan and risk assessment, reviewed at least every 6 weeks.
- Plans include approved interventions, triggers, signs of escalation, and de-escalation techniques.

- Families, social workers, and the child (where appropriate) are involved in creating and reviewing plans.

7. When RPI May Be Used

RPI is only used when there is immediate risk of:

- Harm to the child or others;
- Serious damage to property;
- A child running into danger or absconding into a harmful situation.

It must never be used as punishment or to force compliance.

8. Unacceptable Practices

The following are strictly prohibited:

- Any form of corporal punishment or physical pain;
- Techniques that restrict breathing or circulation;
- Holding in a locked room or against a wall;
- Use of mechanical restraints or devices;
- Punitive use of physical force.

9. Recording and Reporting

- All RPI must be recorded immediately using the approved incident form.
- Reports must include who was involved, what happened, duration, de-escalation attempts, and outcome.
- The Registered Manager reviews all incidents and signs them off within 48 hours.
- Significant incidents are notified to Ofsted and placing authorities.

10. Medical Attention and Post-Incident Support

- Any injuries must be assessed by a qualified first aider or healthcare professional.
- Children and staff involved are offered time to calm down and reflect.
- A keywork session is held to support the child and review what happened.
- Any patterns or concerns are fed into reviews of risk assessments and care planning.

11. Involving Children, Families, and Professionals

- Children's views are sought after each incident.
- Families, social workers, and advocates are informed and involved where appropriate.
- Any disagreement with actions taken is recorded and addressed by the manager.

12. Reviewing Incidents and Learning Lessons

- RPI usage is analysed for patterns and trends.
- Behaviour plans and risk assessments are updated accordingly.
- Managers and external professionals may review practice to ensure safety and effectiveness.

13. Oversight and Governance

- The Registered Manager monitors all RPI use and reports regularly to the Responsible Individual.
- Records are audited monthly and any concerns escalated.
- An annual review of RPI usage informs service development and staff training.

14. Complaints and Concerns

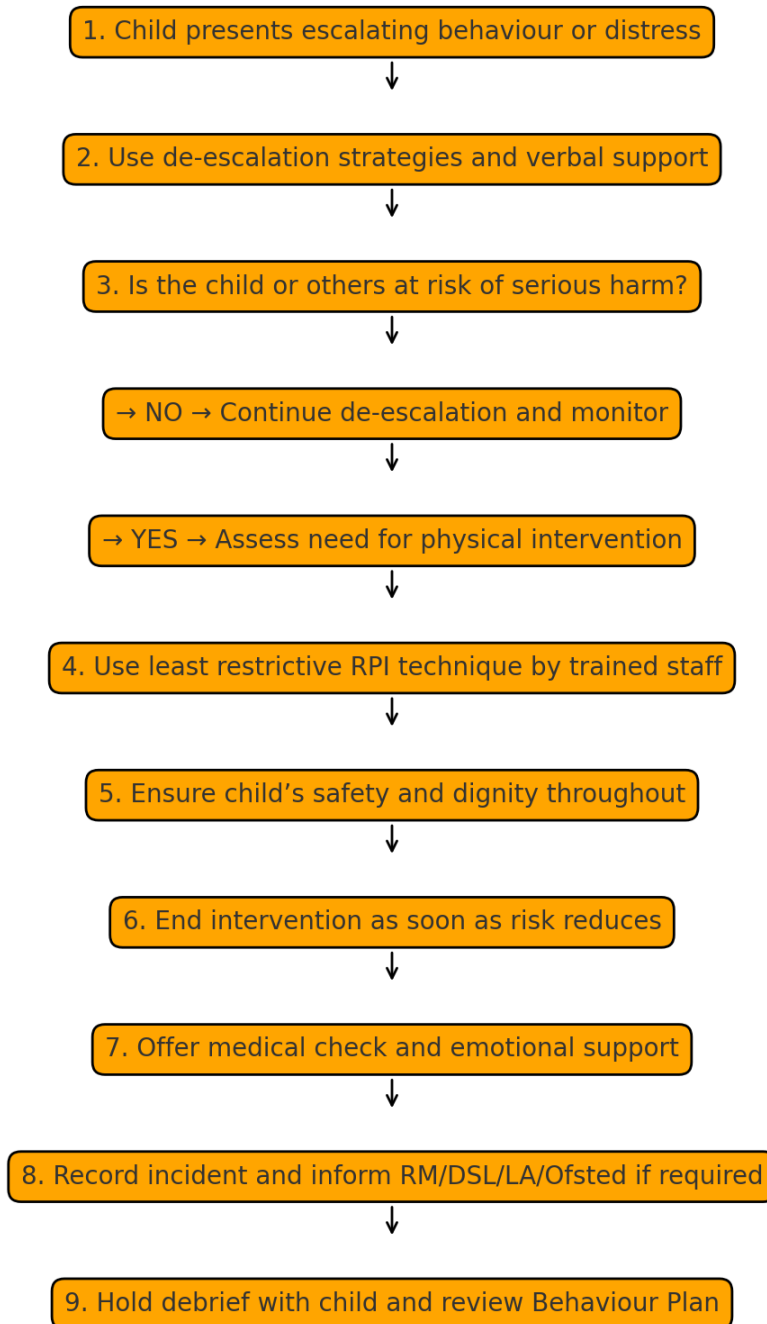
- Children, staff, or others may raise concerns about any physical intervention.
- Complaints are handled under the Complaints Policy and may involve safeguarding procedures.
- Concerns are investigated swiftly, and outcomes are communicated transparently.

15. Implementation and Policy Review

- This policy is implemented through induction, training, and supervision.
- It is reviewed annually or following any significant incident or legislative change.
- Staff, children, and stakeholders contribute to reviews and improvements.

Appendix 1

Decision making Flow chart



Appendix 2

Post-Incident Review and Reporting Process

